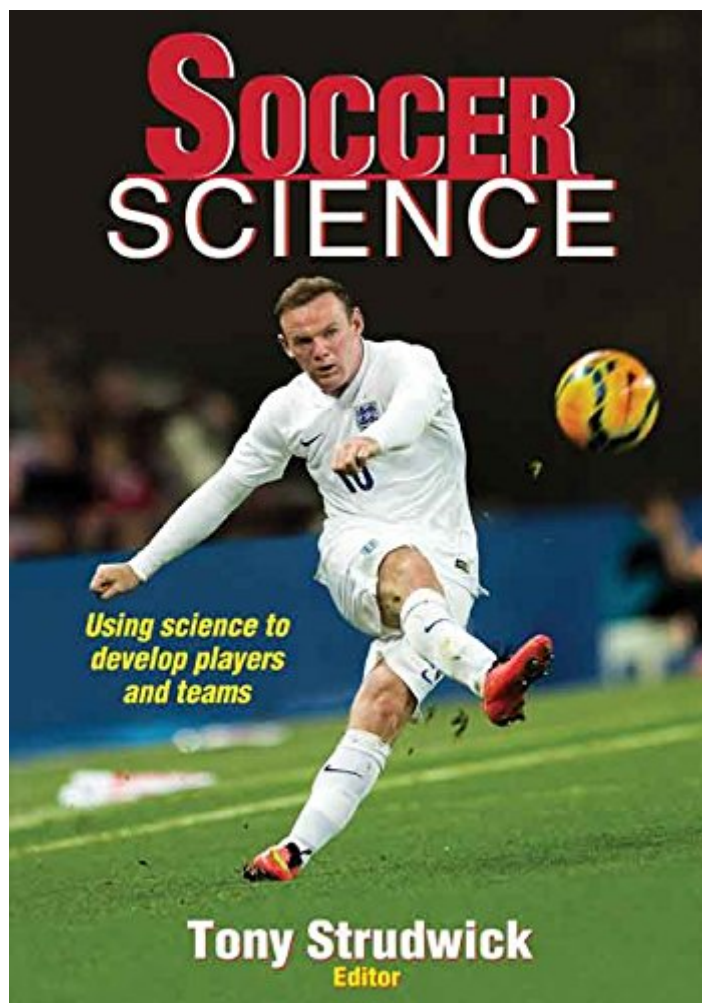




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Soccer Science



Synopsis

Through the years a wealth of information has been accumulated in soccer. Experiential and science-based knowledge abounds in the sport. Yet the scientific information has not been sufficiently disseminated to those who would benefit most from it. Soccer Science fills the void with the best and most up-to-date research in the sport. With editor Tony Strudwick and a who's-who list of international experts on the sport, Soccer Science offers you an unprecedented wealth of advanced yet accessible information on biomechanics, physiology, psychology, skill acquisition and coaching, tactical approaches and performance and match analysis. It is simply the most significant and comprehensive published work on the sport.

Book Information

File Size: 18063 KB

Print Length: 664 pages

Publisher: Human Kinetics; 1 edition (July 21, 2016)

Publication Date: July 21, 2016

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B01IUACSHI

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #373,770 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #55

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Customer Reviews

This is required reading for every soccer coach

A lot more information than expected. Love the progression across the book.

Very good information. Good book to who is looking to improve coaching ability.

Fantastic book! Very thorough and current!

Bought as a gift- recipient loves it.

More general than expected

This is a very good book concerning cognitive- and motoric issues. But there is no connection to neuroscience that can shed a lot of light leading to a better understanding of learning, anxiety, stress, attentional processes etc. Remember Cruyff's words: Football is a game you play with the brain.

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